



## Overview

A pet emergency kit is a pre-packed collection of supplies your pet needs to survive 72 hours to 1 week away from home. In NYC, where apartment fires, storm evacuations, and transit disruptions are real risks, a ready kit means the difference between a chaotic scramble and a calm, efficient evacuation. Keep the kit in a grab-and-go bag near your exit, updated every 6 months.

## The Complete Pet Emergency Kit

### Food & Water

- 3–5 day supply of pet food (sealed, rotated every 6 months)
- Collapsible food and water bowls
- 1 gallon of bottled water per pet per day minimum
- Manual can opener if using canned food
- Treats for stress relief and medication disguising

### Medical Supplies

- 2-week supply of all regular medications in original bottles
- Copy of prescriptions and medication schedule
- Basic first aid kit (gauze, bandage wrap, saline flush, gloves)
- Digital thermometer + lubricant
- E-collar (cone) to prevent wound licking during evacuation
- Your vet's number + nearest emergency vet number

### Containment & Comfort

- Carrier or crate (hard-sided preferred for safety)
- Leash, collar, and harness — all labeled with contact info
- Familiar blanket or toy (reduces stress significantly)
- Waste bags / portable litter pan and small bag of litter

### Documents

- Vaccination records (rabies certificate especially — often required at shelters)
- Microchip registration number and paperwork
- Current photo of you WITH your pet (proof of ownership)
- Medical history summary (conditions, medications, allergies)
- Copy of pet insurance card if applicable



## ■ Kit Maintenance

- Check food and water expiration dates every 6 months
- Update medication supply whenever prescriptions change
- Confirm vet contacts and insurance information are current
- Mark your calendar: review kit every January and July

## ■ Final Summary

You cannot build an emergency kit during an emergency. Set aside one hour this week, gather these supplies, and put them in one bag near your door. Then you're ready for anything.

### ■ Related XVC Guides:

- [Disaster Preparedness for Pet Owners](#) · [When to Go to the Emergency Vet](#)
- [Pet First Aid Guide](#) · [NYC Emergency Vet Hospitals](#)



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